

# April 2017 Lunch Menu: CHS

MONDAY

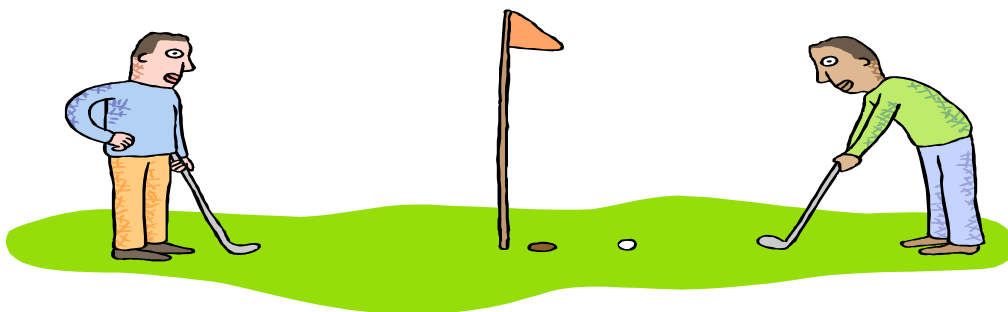
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY†

<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>
Barbecued pork sandwich Sweet potato puffs Coleslaw Applesauce cups Milk  Alternate: Pepperoni pizza		Turkey & gravy over mashed potatoes Diced carrots Whole grain roll Peaches Milk  Alternate: Chicken patty on a whole grain bun		Bosco breadsticks with marinara sauce Fresh cauliflower & broccoli Mandarin oranges Chocolate chip cookie Milk  Alternate: Cheese soup & ham sandwich		Popcorn chicken salad with mixed greens, grape tomatoes & black beans Whole grain roll Grapes Milk  Alternate: Turkey sandwich or egg rolls		Chili Whole grain bread sticks Cheez-It Crackers Baby carrots & celery sticks Pears Milk  Alternate: Little Caesar's pizza
<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>
Chicken patty on a whole grain bun Fresh broccoli & corn on the cob Fruit cocktail Milk  Alternate: Turkey sandwich		Spaghetti Mixed greens with grape tomatoes Garlic bread Apple slices & oranges Milk  Alternate: Cheeseburger on a whole grain bun		Chicken fajita salad with black beans & diced tomatoes Tortilla chips Whole grain roll Pears Milk  Alternate: Little Caesar's pizza		Cheese quesadilla Tostitos Refried beans Red pepper strips Pineapple Milk  Alternate: Chili wrap		<b>GOOD FRIDAY</b>  <b>NO SCHOOL</b>
<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>
<b>EASTER MONDAY</b>  <b>NO SCHOOL</b>		Orange chicken Brown rice Broccoli Whole grain roll Fortune cookie Mandarin oranges Milk  Alternate: Egg rolls or turkey sandwich		Hot dog on a whole grain bun Tater tots Baby carrots Orange Smiles Milk  Alternate: Sausage pizza		Cheeseburger on a whole grain bun Sweet potato fries Baked beans Pears Milk  Alternate: Turkey sandwich		Tomato soup Turkey sandwich Celery sticks Red pepper strips Watermelon Milk  Alternate: Little Caesar's pizza
<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>
Taco salad with diced tomatoes & black beans Nacho Doritos Whole grain roll Pineapple Milk  Alternate: Fiestada pizza		Meatballs & gravy over mashed potatoes Broccoli Whole grain roll Applesauce cups Milk  Alternate: Ham & cheese wrap		Chicken nuggets Baby carrots & cucumber slices Whole grain roll Grapes Milk  Alternate: Corn dog		Sub sandwich with tomato slices Green bean medley Fresh pears Frozen juice cup Milk  Alternate: Chicken patty on a whole grain bun		Minestrone soup Turkey sandwich Red pepper strips & celery sticks Fruit cocktail Milk  Alternate: Little Caesar's pizza



Milk choices available daily are fat free chocolate, fat free white and 1% white. Chef's salads are available as an alternate choice every day. All bread served is whole grain except pasta. Oranges and apples are available daily.

**This institution is an equal opportunity provider.**