



DECEMBER | 2017

Lunch Menu: CHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Fajita Salad with black beans & grape tomatoes Tortilla Chips Whole grain roll Cantaloupe/ Milk Alt: Little Caesar's
4 Sloppy Joes Coleslaw Seasoned Fries Oranges Milk Alt: Cheeseburger	5 Bosco breadsticks Marinara sauce Fresh cauliflower & broccoli Applesauce Milk Alt: Cheese soup & ham sandwich	6 Meatballs & gravy over mashed potatoes Diced Carrots Whole grain roll Peaches Milk Alt: Turkey & cheese wrap	7 Chicken nuggets Baked beans Baby carrots Whole grain roll Pineapple Milk Alt: Pizza burger	8 Chili Goldfish cracker Red pepper strips & cucumber slices Pears Milk Alt: Little Caesar's
11 Chicken patty Whole grain bun Baked beans Broccoli Fruit Cocktail Cookie Milk Alt: Bratwurst	12 Turkey & gravy over mashed potatoes Diced carrots Whole grain bread Peaches Milk Alt: Ham & Cheese Sandwich	13 Sub Sandwich Tomato Slices Green beans Frozen juice cups Apple slices Milk Alt: Corn dogs	14 Popcorn Chicken Romaine & Spinach Salad Grape Tomatoes Pears Milk Alt: Turkey & cheese Sandwich	15 Minestrone Soup Turkey & cheese Wraps Baby carrots & celery sticks Grapes Milk Alt: Little Caesar's
18 Walking Tacos with seasoned beef, cheese, romaine, diced tomato, black beans Whole grain roll Fruit/Milk Alt: Fiesta Pizza	19 Little Caesar's Pizza Baby carrots & cucumber slices Peaches Chocolate chip Cookie Milk Alt: Egg Rolls	20 Cheeseburger Whole grain bun Broccoli Applesauce cups Milk Alt: Ham & cheese Sandwich 1/2 DAY	21	22
25	26	27	28	29

News

Dec. 20th-1/2 day
Dec 23rd-Jan 1st –
Holiday Recess

Chef's salad, Garden Salad, and Yogurt w/ string cheese & whole grain roll are also available daily as a lunch alternative.

Milk choices:
Fat Free Milk
1% White
Fat Free chocolate

Menu is subject to change due to the availability of products.

This institution is an equal opportunity provider