

# February 2018 Lunch Menu: CHS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



		31	1	2
		Barbecued nibblers Baked potatoes Green beans Whole grain roll Apple slices Milk  Alternate: Ham & cheese wrap	Hamburger on a whole grain bun Fresh broccoli & grape tomatoes Peaches Milk  Alternate: Cheese soup with turkey sandwich	Homemade turkey stew Fresh baked pretzels Baby carrots & cucumber slices Grapes Milk  Alternate: Little Caesar's pizza
5	6	7	8	9
Sloppy Joes Coleslaw Tater tots Orange Smiles Milk  Alternate: Hamburger on a whole grain bun	Bosco breadsticks with marinara sauce Fresh broccoli & cauliflower Applesauce Milk  Alternate: Cheese soup with ham sandwich	Spaghetti Mixed greens with grape tomatoes Whole grain roll Pears Milk  Alternate: Chicken patty on a whole grain bun	Popcorn chicken salad with romaine lettuce & grape tomatoes Black beans Whole grain roll Milk  Alternate: Turkey sandwich	Homemade chili Goldfish crackers Red pepper strips & cucumber slices Pears Milk  Alternate: Little Caesar's pizza
12	13	Early Release 14	Parent-Teacher Conferences 15	16
Hot dogs Baked beans Seasoned French fries Peaches Milk  Alternate: Sausage pizza	Chicken nuggets Baby carrots & cucumber slices ♥ cookie Whole grain roll Pears Milk  Alternate: Pizzaburger on a whole grain bun	Chicken fajita salad with black beans & grape tomatoes Tortilla chips Whole grain roll Pineapple Milk  Alternate: Little Caesar's pizza	1/2 DAY Pepperoni pizza Broccoli Applesauce cups Milk  Alternate: Cheese soup & turkey sandwich	1/2 DAY Cheeseburger on a whole grain bun Pretzels Celery sticks & baby carrots Apple slices / Milk Alt: Ham & cheese sand.
19	20	21	22	23
Chicken patty on a whole grain bun Fresh broccoli Baked beans Fruit cocktail Milk  Alternate: Bratwurst on a whole grain bun	Meatballs with mashed potatoes Diced carrots Whole grain bread Peaches Milk  Alternate: Ham & cheese sandwich	Orange Chicken Brown Rice Steamed Broccoli Red Pepper Strips Peaches Milk  Alternate: Egg Roll or Turkey Sandwich	Walking tacos with seasoned beef, cheese, romaine lettuce, black beans & diced tomatoes Chocolate chip cookie Pineapple / Milk  Alternate: Fiesta pizza	Minestrone soup Turkey & cheese wrap Baby carrots & celery sticks Grapes Milk  Alternate: Little Caesar's pizza
26	27	28	1	2
French Toast Sticks Sausage links Baby carrots Breakfast Juice Orange Smiles Milk  Alternate: Hamburger on a whole grain bun	Cheese quesadilla Tortilla chips Refried beans Romaine & Spinach Salad Grape Tomatoes Pineapple chunks Milk  Alternate: Chili wrap	Early Release Sub Sandwich Tomato Slices Green beans Frozen Juice cups Apple slices Milk  Alternate: Cheeseburger	Chicken strips Mashed Potatoes Gravy Baby Carrots Dinner roll Apple sauce cups Milk  Alternate: Corn dogs	Grilled cheese sandwich Tomato soup Cauliflower Pears Milk  Alternate: Little Caesar's pizza
<p>Chef's Salad, Garden Salad, &amp; Yogurt w/ cheese stick available daily as a lunch alternative. Menu subject to change.            Early Release 2-14 &amp; 2-28 * Parent/Teacher Conferences 2-15* 1/2 day 2-15 &amp; 2-16  <b>This institution is an equal opportunity provider.</b></p>				