



# NOVEMBER | 2017

## Lunch Menu: CHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Breaded Pork Patty Mashed Potatoes and Gravy Green Beans Whole Grain Roll Apples/Milk Alternate: Turkey & cheese wrap	<b>2</b> Bosco sticks Marinara sauce Fresh cauliflower & broccoli Applesauce Milk Alternate: Cheese Soup & Ham Sandwich	<b>3</b> Homemade Turkey Stew Soft Pretzels Baby Carrots Celery Sticks Peaches Milk Alternate: Little Caesar's Pizza
<b>6</b> Hot dog on a whole grain bun Baked Beans Tater tots Grapes Milk Alternate: Turkey & Cheese sandwich	<b>7</b> Italian penne pasta Romaine and Spinach Salads with grape tomatoes Garlic bread Peaches/Milk Alternate: Sausage pizza	<b>8</b> Sub Sandwich Baby Carrots Green beans Pears Milk Alternate: Cheese Quesadilla	<b>9</b> Pepperoni pizza Broccoli Sliced apples Milk Alternate: Grilled Cheese	<b>10</b> Corn dogs Pretzels Baby Carrots Celery sticks Applesauce cups Milk Alt: Little Caesar's Pizza
<b>13</b> BBQ Pork Sandwich Coleslaw Potato Wedges Orange Smiles Milk Alt: Cheeseburger	<b>14</b> Chicken Quesadilla Tortilla Chips Refried beans Baby carrots Fruit Milk Alt: Chili wraps	<b>15</b> French bread pizza Romaine and Spinach Salad with grape tomatoes Grapes Milk Alt: Ham Sandwich	<b>16</b> Chicken Strips Mashed Potatoes and gravy Diced carrots Applesauce Milk Alt: Corn dogs	<b>17</b> Grilled Cheese Sandwich Tomato Soup Fresh cauliflower & broccoli Peaches Milk Alt: Little Caesar's Pizza
<b>20</b> Turkey Gravy over Mashed Potatoes Broccoli Whole Grain Bread Peaches/ Milk Alt: Ham Sandwich	<b>21</b> Spaghetti Spinach and Romaine Salad with Grape Tomatoes Broccoli Oranges Milk Alternate: Turkey Sandwich	<b>22</b> Hamburger on a whole grain bun Baked beans Sweet Potato Fries Orange Wedges Alt: Little Caesar's	<b>23</b> Thanksgiving  Vacation	<b>24</b> Thanksgiving  Vacation
<b>27</b> Chicken Patty on whole grain bun Green bean Medley Fruit Cocktail Milk Alt: Bratwurst	<b>28</b> Walking Tacos with seasoned beef, cheese, romaine, black beans, & salsa Peaches/Milk Alt: Fiesta Pizza	<b>29</b> Orange Chicken Brown Rice Broccoli Whole Grain Roll Fortune Cookie Apples/Milk Alt: Egg Rolls or Turkey Sandwich	<b>30</b> BBQ nibblers Baked Potatoes Diced Carrots Whole Grain Roll Pears Milk Alt: Ham & Cheese Wraps	

### News

#### Thanksgiving Vacation

Nov. 23<sup>rd</sup> & 24<sup>th</sup>

Chef's Salad, Garden Salad, and Yogurt are also available daily as an alternate lunch choice.

Milk Choices:  
Fat Free White  
1% White  
Fat Free Chocolate

All bread served is whole grain including pizza crusts and breading on chicken strips & patties.

Menu is subject to change due to the availability of products.

This institution is an equal opportunity provider.