



SEPTEMBER | 2017

Breakfast Menu: CHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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4 Labor Day No School	5 Lucky Charms Iced Cinnamon Bars Fresh Fruit Fruit Juice Milk	6 Blueberry Muffin Honey Nut Cheerios Fresh Fruit Fruit Juice Milk	7 Cocoa Krispies Apple Granola Bar Fresh Fruit Fruit juice Milk	8 Mini Cinnamon Bagel Cheerios Fresh Fruit Fruit Juice Milk
11 Yogurt Blueberry Loaf Fresh Fruit Fruit Juice Milk	12 Lucky Charms Iced Cinnamon Bar Fresh Fruit Fresh Fruit Milk	13 Chocolate Muffin Frosted Flakes Fresh Fruit Fruit Juice Milk	14 Cocoa Puffs Apple Granola Bar Fresh Fruit Fruit Juice Milk	15 Mini French Toast Stick Cheese Stick Fresh Fruit Fruit Juice Milk
18 Yogurt Trix Fresh Fruit Fruit Juice Milk	19 Apple Cinnamon Cheerios Iced Cinnamon Bar Fresh Fruit Fruit Juice Milk	20 Blueberry Muffin Frosted Cinnamon Flakes Fresh Fruit Fruit Juice Milk	21 Fruity Cheerios Apple Granola Bar Fresh Fruit Fruit Juice Milk	22 Chocolate Doughnut Apple Jacks Fresh Fruit Fruit Juice Milk
25 Yogurt Cinnamon Toast Crunch Fresh Fruit Fruit Juice Milk	26 Cinnamon Chex Apple Granola bar Fresh Fruit Fruit Juice Milk	27 Chocolate muffin Golden Grahams Fresh Fruit Fruit Juice Milk	28 Mini Waffles Hard Boiled Eggs Fresh Fruit Fruit Juice Milk	29 Chocolate-Frosted Mini-Wheats Iced Cinnamon bar Fresh Fruit Fruit Juice Milk

News

Welcome Back

Milk choices available daily:
 Fat-Free White
 1% White

Fresh Fruit is available daily.

All bread and cereal products served are whole grain including muffins, bagels, donuts, etc.

Rice Chex, Cheerios, and Raisin Bran are available daily as an alternate bread item.

This institution is an equal opportunity provider.