



NOVEMBER | 2017

Lunch Menu: WMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breaded Pork Patty Mashed Potatoes and Gravy Green Beans Whole Grain Roll Apples/Milk Alternate: Turkey & cheese wrap	2 Bosco sticks Marinara sauce Fresh cauliflower & broccoli Applesauce Milk Alternate: Cheese Soup & Ham Sandwich	3 Homemade Turkey Stew Soft Pretzels Baby Carrots Celery Sticks Peaches Milk Alternate: Little Caesar's Pizza
6 Hot dog on a whole grain bun Baked Beans Tater tots Grapes Milk Alternate: Turkey & Cheese sandwich	7 Italian penne pasta Romaine and Spinach Salads with grape tomatoes Garlic bread Peaches/Milk Alternate: Sausage pizza	8 Sub Sandwich Baby Carrots Green beans Pears Milk Alternate: Cheese Quesadilla	9 Pepperoni pizza Broccoli Sliced apples Milk Alternate: Grilled Cheese	10 Corn dogs Pretzels Baby Carrots Celery sticks Applesauce cups Milk Alt: Little Caesar's Pizza
13 BBQ Pork Sandwich Coleslaw Potato Wedges Orange Smiles Milk Alt: Cheeseburger	14 Chicken Quesadilla Tortilla Chips Refried beans Baby carrots Fruit Milk Alt: Chili wraps	15 French bread pizza Romaine and Spinach Salad with grape tomatoes Grapes Milk Alt: Ham Sandwich	16 Chicken Strips Mashed Potatoes and gravy Diced carrots Applesauce Milk Alt: Corn dogs	17 Grilled Cheese Sandwich Tomato Soup Fresh cauliflower & broccoli Peaches Milk Alt: Little Caesar's Pizza
20 Turkey Gravy over Mashed Potatoes Broccoli Whole Grain Bread Peaches/ Milk Alt: Ham Sandwich	21 Spaghetti Spinach and Romaine Salad with Grape Tomatoes Broccoli Oranges Milk Alternate: Turkey Sandwich	22 Hamburger on a whole grain bun Baked beans Sweet Potato Fries Orange Wedges Alt: Little Caesar's	23 Thanksgiving Vacation	24 Thanksgiving Vacation
27 Chicken Patty on whole grain bun Green bean Medley Fruit Cocktail Milk Alt: Bratwurst	28 Walking Tacos with seasoned beef, cheese, romaine, black beans, & salsa Peaches/Milk Alt: Fiesta Pizza	29 Orange Chicken Brown Rice Broccoli Whole Grain Roll Fortune Cookie Apples/Milk Alt: Egg Rolls or Turkey Sandwich	30 BBQ nibblers Baked Potatoes Diced Carrots Whole Grain Roll Pears Milk Alt: Ham & Cheese Wraps	

News

Thanksgiving Vacation

Nov. 23rd & 24th

Chef's Salad, Garden Salad, and Yogurt are also available daily as an alternate lunch choice.

Milk Choices:
Fat Free White
1% White
Fat Free Chocolate

All bread served is whole grain including pizza crusts and breading on chicken strips & patties.

Menu is subject to change due to the availability of products.

This institution is an equal opportunity provider.