

May 2017 Lunch Menu: WMS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY†

1	2	3	4	5
Cheeseburger on a whole grain bun Baked beans Red pepper strips Peaches Milk Alternate: Turkey sandwich	French bread pizza Mixed greens with grape tomatoes Apple slices Milk Alternate: Bratwurst on a whole grain bun	Sloppy Joe on a whole grain bun Tater tots Coleslaw Watermelon Milk Alternate: Chicken patty on a whole grain bun	Bosco breadsticks with marinara sauce Cauliflower & baby carrots Fruit cocktail Milk Alternate: Ham sandwich with cheese soup	Home made chili Celery sticks & broccoli Fresh baked breadsticks Pears Milk Alternate: Little Caesar's pizza
8	9	10	11	12
Walking tacos with seasoned beef, romaine lettuce, black beans & diced tomatoes Whole grain roll Pineapple Milk Alternate: Chili wrap	Hot dog on a whole grain bun Sweet potato fries Baked beans Apple sauce cups Milk Alternate: Pepperoni pizza	Spaghetti Mixed greens with grape tomatoes Garlic bread Peaches Milk Alternate: Cheeseburger on a whole grain bun	Chicken nuggets Corn on the cob Cucumber slices Whole grain roll Orange Smiles Milk Alternate: Ham & cheese sandwich	Home made turkey stew Soft pretzels Broccoli & baby carrots Fruit cocktail Milk Alternate: Little Caesar's pizza
15	16	17	18	19
Chicken patty on a whole grain bun Red pepper strips Celery sticks Watermelon Milk Alternate: Pizza burger on a whole grain bun	Italian penne pasta Mixed greens with grape tomatoes Garlic bread Peaches Milk Alternate: Pepperoni pizza	Orange chicken with brown rice Broccoli Whole grain roll Fortune cookie Mandarin oranges Milk Alternate: Egg roll or turkey sandwich	Breaded pork patty Mashed potatoes & gravy Diced carrots Whole grain roll Apple slices Milk Alternate: Ham sandwich	Chicken fajita salad Black beans & grape tomatoes Tortilla chips Whole grain roll Pineapple Milk Alternate: Little Caesar's pizza
22	23	24	25	26
Corn dogs Baked beans Sweet potato puffs Grapes Milk Alternate: Turkey sandwich	Turkey & gravy over mashed potatoes Green beans Whole grain roll Peaches Milk Alternate: Ham & cheese wrap	Sub sandwich Shredded lettuce Tomato slices Corn Fruit cocktail Milk Alternate: Chicken patty on a whole grain bun	Cheeseburger on a whole grain bun Fresh broccoli & cauliflower Apple sauce cups Milk Alternate: Bratwurst on a whole grain bun	Minestrone soup Turkey sandwich Baby carrots & celery sticks Pears Milk Alternate: Little Caesar's pizza
29	30	31		
MEMORIAL DAY NO SCHOOL	Chicken patty on a whole grain bun Baby carrots Cucumber slices Watermelon Milk Alternate: Pizza burger on a whole grain bun	Barbequed pork sandwich French fries Coleslaw Peaches Milk Alternate: Cheeseburger on a whole grain bun		

Milk choices available daily are fat free chocolate, fat free white and 1% white. Chef's salads are available as an alternate choice every day. All bread served is whole grain except pasta. Oranges and apples are available daily.

This institution is an equal opportunity provider.