



# SEPTEMBER | 2017

## Breakfast Menu: WMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4	5 Lucky Charms Iced Cinnamon Bar  Fresh Fruit Fruit Juice Milk	6 Blueberry Muffin Honey Nut Cheerios  Fresh Fruit Fruit Juice Milk	7 Cocoa Krispies Apple Granola Bar  Fresh Fruit Fruit Juice Milk	8 Mini Cinnamon Bagels  Cheerios  Fresh Fruit Fruit Juice Milk
11 Yogurt Blueberry Loaf  Fresh Fruit Fruit Juice Milk	12 Lucky Charms Iced Cinnamon Bars  Fresh Fruit Fruit Juice Milk	13 Chocolate Muffin Frosted Flakes  Fresh Fruit Fruit Juice Milk	14 Cocoa Puffs Apple Granola Bar  Fresh Fruit Fruit Juice Milk	15 Mini French Toast Sticks Cheese Stick  Fresh Fruit Fruit Juice Milk
18 Yogurt Cinnamon Toast Crunch  Fresh Fruit Fruit Juice Milk	19 Apple Cinnamon Cheerios Iced Cinnamon bar  Fresh Fruit Fruit Juice Milk	20 Blueberry Muffins Frosted Cinnamon flakes  Fresh Fruit Fruit Juice Milk	21 Fruity Cheerios Apple Granola Bar  Fresh Fruit Fruit Juice Milk	22 Chocolate Doughnuts  Apple Jacks  Fresh Fruit Fruit Juice Milk
25 Yogurt Cinnamon Toast Crunch  Fresh Fruit Fruit Juice Milk	26 Cinnamon Chex Apple Granola Bar  Fresh Fruit Fruit Juice Milk	27 Chocolate Muffin Golden Grahams  Fresh Fruit Fruit Juice Milk	28 Mini waffles Hard boiled eggs  Fresh Fruit Fruit Juice Milk	29 Chocolate Frosted Mini-Wheats Iced Cinnamon Bar  Fresh Fruit Fruit Juice Milk

### News

**No School**  
**Sept 4<sup>th</sup>**  
**Labor Day**

# Welcome Back

Milk Choices available daily:  
Fat-free White  
1% White

Fresh Fruit is available Daily.

All bread and cereal products are whole grain, including muffins, bagels, donuts, etc.

Rice Chex, Raisin Bran and Cheerios are available daily as an alternate bread item.

**This institution is an equal  
opportunity provider.**