

# May 2018 Lunch Menu: CHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Cheeseburger on a whole grain bun Baked beans Red pepper strips Peaches Milk  Alternate: Turkey sandwich	<b>1</b> French bread pizza Mixed greens with grape tomatoes Apple slices & orange wedges Milk  Alternate: Bratwurst on a whole grain bun	<b>2</b> Sloppy Joe on a whole grain bun Tater tots Coleslaw Watermelon Milk  Alternate: Chicken patty on a whole grain bun	<b>3</b> Bosco breadsticks with marinara sauce Cauliflower & baby carrots Fruit cocktail Milk  Alternate: Ham sandwich	<b>4</b> Home made chili Celery sticks & broccoli Fresh baked breadsticks Goldfish crackers Pears Milk  Alternate: Little Caesar's pizza
<b>7</b> Tacos Whole grain soft shell Shredded cheese Romaine Diced tomato Black beans Whole grain roll Oranges Milk Alternate: Chili wrap	<b>8</b> Italian Penne Pasta Romaine & Spinach Salad Garlic Bread Peaches Milk  Alternate: Sausage Pizza	<b>Early Release 9</b> Hot dog on a bun Sweet Potato Fries Baked beans Peaches Milk  Alternate: Cheeseburger on a whole grain bun	<b>10</b> Chicken Tender Strips Mashed potatoes Cucumber Slices Whole grain rolls Melon Milk Alternate: Turkey and cheese Wraps with Spinach	<b>11</b> Home made turkey stew Soft pretzels Broccoli & baby carrots Fruit cocktail Milk  Alternate: Little Caesar's pizza
<b>14</b> Chicken patty on a whole grain bun Red pepper strips Celery sticks Watermelon Milk  Alternate: Pizza burger on a whole grain bun	<b>15</b> Chili Romaine & Spinach Salad Grape Tomatoes Fresh baked bread sticks Pears Milk Alternate: Pepperoni pizza	<b>16</b> Orange chicken with brown rice Broccoli Whole grain roll Fortune cookie Apple sauce cups Milk Alternate: Egg roll or turkey sandwich	<b>17</b> Breaded pork patty Mashed potatoes & gravy Diced carrots Whole grain roll Apple slices & orange wedges Milk Alternate: Ham sandwich	<b>18</b> Chicken fajita Salad Black beans & grape tomatoes Tortilla chips Whole grain roll Pineapple Milk Alternate: Little Caesar's pizza
<b>21</b> Corn dogs Baked beans Sweet potato puffs Grapes Milk  Alternate: Turkey sandwich	<b>22</b> Turkey & gravy over mashed potatoes Steamed Broccoli Whole grain roll Peaches Milk  Alternate: Ham & cheese wrap	<b>Early Release 23</b> Sub sandwich Shredded Romaine Tomato slices Pepper Medley Fruit cocktail Milk  Alternate: Chicken patty on a whole grain bun	<b>24</b> Cheeseburger on a whole grain bun Fresh broccoli & cauliflower Nacho Doritos Apple sauce cups Milk Alternate: Bratwurst on a whole grain bun	<b>25</b> Minestrone soup Turkey sandwich Baby carrots & celery sticks Pears Milk  Alternate: Little Caesar's pizza
<b>28</b>  <b>MEMORIAL DAY</b>  <b>NO SCHOOL</b>	<b>29</b> Chicken patty on a whole grain bun Baby carrots Cucumber slices Watermelon Milk  Alternate: Pizza burger on a whole grain bun	<b>30</b> Orange Chicken Brown Rice Steamed Broccoli Whole Grain Roll Fortune Cookie Milk  Alternate: Egg Roll or Turkey Wrap	<b>31</b> Chicken Nuggets Romaine & Spinach Salad Tomatoes Grapes Cookie Milk Alternate: Pizzaburger on Whole Grain bun	

News- Early Release 5/9 & 5/23\*\*No School 5/28-Memorial Day\*\*

Milk Choices-Fat free chocolate or white or 1% white

Daily Alternate lunch choices-Chef's Salad or Garden Salad-Yogurt with cheese stick and Whole Grain Roll- Peanut Butter and Jelly Grab -n- Go.

All bread served is whole grain; including pizza crust. Menu is subject to change.

**This institution is an equal opportunity provide.**